

WINTER

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ADVENTURE BREAD & WINTER CITRUS SALAD

Beets, oranges, purple carrots, fennel, avocado, radishes
over bitter greens and champagne vinaigrette

-slice bread lengthwise, toast and top with half of the avocado

WEST AFRICAN ALMOND SOUP

Sweet potatoes, chickpeas, beet greens, almond butter, jalapenos, ginger, cumin

MILLET PILAF

Cilantro almond gremolata and pickled watermelon radishes

-bring the soup and millet to a simmer - top with gremolata and radishes

VIBRANT VINDALOO CURRY

Carrots, cabbage, red lentils, red kuri squash, coconut milk,
loads of fresh ginger, turmeric and fresh lime juice

JEERA RICE

brown rice cooked with whole cloves, cumin and cinnamon

-bring the curry and jeera rice to a simmer - and top with cashews and lime

CARDAMOM PEAR CAKE

OPTIONAL PROTEIN:

SEARED SCALLOPS & GEMOLATA - pair with Winter Citrus Salad

SPICED BEEF MEATBALLS - pair with African Soup

VINDALOO BBQ CHICKEN - pair with Curry and Rice